



EXECUTIVE AGENCY FOR HEALTH AND CONSUMERS

Health Unit

Workshop on Best Practice Models for Addiction Prevention Projects funded under the Health Programme

Draft agenda

25-26 January 2010

Background

Several projects on the Promotion of a healthier lifestyle and the reduction of major diseases and injuries by tackling health determinant, focusing on Addiction prevention, tobacco, Alcohol and Illicit drugs, have been financed through the Public Health Programme 2003-2008 and the 2nd Health Programme 2008-2013. The different networks develop different models of information gathering about National experiences of best practice and the adoption of a common model of best practices assessment based on scientific evidence is part of one of the priorities during the peer review evaluation and negotiation of the actions by EAHC Project Officers. Since 2008 EAHC have developed collaboration with the European Monitoring Centre for Drugs and Drug Addiction, in line with the Commissions policy priorities. EMCDDA has created the Best practice portal, which is a a resource for professionals, policymakers and researchers in the areas of drug-related prevention, treatment, harm reduction and social reintegration. Its main aim is to provide tools and standards to improve the quality of interventions and highlight examples of best practice across Europe. The portal presents an overview of the latest evidence of different interventions, in terms of efficacy and effectiveness. It contains tools to improve interventions, whilst highlighting real-life examples of evaluated practices, which are implemented within EU Member States.

Aim of the workshop

The main issue of the workshop is to establish synergies between projects, share methods of assessment of best/good practices and results and to orient policies to be developed and implemented at MS and European level, with a special focus on addiction prevention. An added value is also the reinforcement of cooperation between European institutions, and Member States organisations through developing collaborations between project-related experts. The major aims of the workshop are

- To reach a common statement on the definition of good practice, by comparing the definitions/methods used by the projects addressing tobacco, alcohol and illicit drug addiction, and exchange of expertise between the addiction organisations at MS level

The methods to reach with common definition of good practice will be done by:

- Project managers of projects related to addiction prevention supported by the Health Programme will meet and exchange experiences identifying areas of possible cooperation and coordination and knowledge gaps
- Assessing the projects definitions and in line with the classification of good practice, based on the level of evidence of the interventions proposed
- Bringing the projects from the related projects to work in 2 or 3 working groups sessions for 1 or 2 hours to discuss their definition and classification and how good they fit to the existing definitions (such as from EDRA)
- Each group of projects will elaborate recommendations on how to improve project's definitions of good practice in the field of addiction prevention, which could be used as an advice for new projects/tenders etc.
- At the end EAHC/SANCO C4 will find an agreement with EMCDDA in how the best practices produced by the Health Programme projects can contribute to the Best practice health portal: <http://www.emcdda.europa.eu/themes/best-practice/standards/preventionEDDRA>
- The result of the workshop will be an important input for the Health Programme Work Plan 2011 on the Health Promotion strand.

Preliminary programme

25 January 2010 (08:30-18:00)

- 08.30-09.00 Registration
- 09.00-09.15 *Introduction*
N.N.
- 09.15-10.15 *Evidence base use on Health Promotion and addiction prevention (DG SANCO)*
- *Tobacco* Pieter DE CONINCK or Ceri THOMPSON
 - *Drug and Substances* ?
 - *Alcohol* Marjatta MONTONEN
- 10.15-10.45 *The best practice model (EDDRA)*
Dagmar Hedrich (EMCDDA)
<http://www.emcdda.europa.eu/best-practice>
- 10:45 - 11:15 Addiction prevention - best practice approaches from Bundeszentrale für gesundheitliche Aufklärung (BZgA) <http://www.bzga.de/studien>

11.15-11.30 Coffee break

Addiction prevention

Tobacco - Chair: Antoinette Martiat

Actions develop in line with the overall EU approach on tobacco control as well as the Framework Convention on Tobacco control

1. *Access strategies for teen smoking cessation in Europe, ACCESS (15')*
Anneke Buehler, IFT
<http://www.access-europe.com/en/access-project-description.php>
2. *Families and Adolescents Quit Tobacco, FAQT (15')*
Dina Zota, Prolepsis
<http://www.prolepsis.gr/index.php>
3. *Smoke-free Classroom competition, SFC (15')*
Reiner Hanewinkel, IFT Nord
http://www.smokefreeclass.info/impact_sfc.htm
4. *European Network of Quitlines, ENQ (15')*
Alice Roberts, QUIT
<http://www.engonline.org/public/aboutus.php>
5. *Working with Communities to Reduce Health Inequalities: Protecting Children and Young People from Tobacco, CHI CY Tobacco (15')*
Sandra Davies, Liverpool Primary Care Trust

12.45-13.30 Lunch break

14.30-17.00 Alcohol - Chair: Dirk Meusel

Actions in line with the Commission's Communication on an EU Strategy to support MS in reducing alcohol related harm, and in order to further develop policies to reduce alcohol related harm -

6. Standardizing Measurement of Alcohol Related Troubles, SMART (15')
Jacek Moskalewicz, Institute of Psychiatry and Neurology, Warsaw, Poland
<http://www.alcsmart.ipin.edu.pl>
7. *Good health in older age, VINTAGE* (15')
Emanuele Scafato, ISS Rome, Italy
<http://www.epicentro.iss.it/vintage/>
8. *Alcohol labelling policies to protect young people, PROTECT* (15')
Ingrid Vanhaevre, OIVO Brussels, Belgium
9. *Focus on Alcohol Safe Environment, FASE* (15')
Wim van Dalen, STAP Utrecht, The Netherlands
<http://www.faseproject.eu/>
10. *Monitoring Alcohol Marketing in Europe, AMMIE* (15')
Wim van Dalen, STAP Utrecht, The Netherlands
11. *Alcohol Policy Youth Network - Youth Empowerment for a better life, APYN* (15')
Joao Salviano, Alliance House Foundation London, UK
<http://www.apyn.org/>

16.00-16.15 Coffee break

12. *Establishing a European Information System on Alcohol and Health* (15')
Lars Møller, WHO Europe
13. *Building Capacity* (15')
Sandra Radoš Krnel, IVZ-RS Ljubljana, Slovenija
<http://www.ias.org.uk/buildingcapacity/index.html>
14. *Strategies towards responsible alcohol consumption for adolescents in Europe, TAKE CARE* (5')
Doris Sarrazin, LWL Westphalen-Lippe, Germany
<http://www.lwl-ks.de>

16.45-18.00 Illicit Drugs – Chair: Ilze Burkevica and Cinthia Menel Lemos

In line with the EU Drugs Strategy and Action Plan, the Drug prevention and information programme and Council recommendation 2003/488/EC on the Prevention and reduction of health-related harm associate with Drug dependence

15. *Strategic European Inventory on Drugs, SEID* (15')
Lisa Leonardini, Federazione Italiana Comunita Terapeutiche, Rome, Italy
<http://www.seidproject.eu/>
16. *Sharing good practice in supporting kinship carers to prevent substance related harm to young people, Kinship Careers* (15')
Andrew Brown, Mentor Foundation, London, United Kingdom
<http://www.eukinshipcarers.eu/>

17. *European Standards in Evidence for Drug Prevention, PREVENTION STANDARDS* (15')
Harry Sumnall, Liverpool John Moores University, United Kingdom
<http://www.cph.org.uk/drugprevention>
18. *Democracy, Cities and Drugs I, DC & D II* (15')
Roxana Calfa, European Forum for Urban Safety, Paris, France
<http://www.democitydrug.org/>
19. *Early intervention for young drug users, FreD GOES NET*(15')
Nadja Wirth, Landschaftsverband Westfalen-Lippe, Münster, Germany
<http://www.fred-goes-net.org>
20. *Senior Drug Dependents and Care Structures, SDD Care* (15')
Irmgard Vogt, Fachhochschule Frankfurt Am Main, Germany
<http://www.sddcare.eu/>

26 January 2010 (08:30-18:30)

08.30-09.00 Illicit Drugs – Chair: Ilze Burkevica and Cinthia Menel Lemos (cont.)

21. *Models of good practice in drug treatment in European Commission Strategic European Inventory on drugs, MORETREAT* (15')
Dr Jens Reimer and Dr Heike Zurhold, University Medical Center Hamburg-Eppendorf, Germany
22. *Alert on new recreational drugs, building up a European wide digital Early Warning System, PSYCHONAUT* (15')
Paolo Deluca, St. Georges Hospital Medical School, London, United Kingdom
<http://www.psychonautproject.eu/>
23. *Recreational Drugs European Network: an ICT prevention service addressing the use of novel compounds in vulnerable individuals, ReDNet* (10')
Fabrizio Schifano, University of Hertfordshire Higher Education Corporation, Hatfield, United Kingdom
24. *Dark, Dance, Disco, Dose, Drugs, Drive, Danger, Damage, Disability, Death, TEN D* (15')
Tiziana Chiapusso, Conisepti S.p.a, Susa, Italy
<http://www.tendbynight.eu/>
25. *Healthy and safer nightlife of youth, Club Health* (15')
Matej Košir, Utrip, Ljubljana, Slovenia
<http://www.club-health.eu/>
26. *Healthy Nightlife Toolbox - Effective interventions for (Youth) drug use in recreational settings, HNT* (15')
Ninette van Hasselt, Trimbos Instituut, Utrecht, the Netherlands
<http://www.hnt-info.eu/>
27. *Integrated responses to drugs and infections across European criminal justice systems, CONNECTIONS* (15')
Cinzia Brentari, University of Kent, Kent, UK
www.connectionsproject.eu

28. *European Network Social Inclusion and Health, Correlation II* (15')
Eberhard Schatz, Stichting De Regenboog AMOC, The Netherlands
<http://www.correlation-net.org>

10.30-10.45 Coffee break

29. Scaling-up access to high-quality harm reduction, treatment and care for injecting drug users in the European region, SCALING HARM REDUCTIONS (15')
Martin Christopher Donoghoe or Ulrich Laukamm-Josten, WHO Europe Copenhagen
<http://www.euro.who.int/aids>
30. Health Promotion for Young Prisoners, HPYP (10')
Caren Weilandt, Wissenschaftliches Institut der Ärzte Deutschlands (WIAD) gem. e.V. (Scientific Institute of the German Medical Association), <http://www.wiad.de>
31. Addiction prevention within ROMA and SINTI communities, SRAP (10')
Patrizia Marani, Municipality of Bologna, International Relations, Cooperation and Projects, <http://www.comune.bologna.it/relazioni-internazionali>

11.30-13.30 Working groups I: per type of addiction substance (alcohol, tobacco, illicit drugs) aiming to foster comparison of best/good practices and build networks among experts working in the same field

13.30-14.30 Lunch break

14.30-15.30 Reporting of the outcome - Chair: Ilze Burkevica and Cinthia Menel Lemos

- Tobacco
- Drug and Substances
- Alcohol

15.30-17.00 Working groups II: workshop bringing together the projects with similar interventions independent from the substance abuse, to achieve the assessment of the quality level of the practices as: level 1 promising practice, level 2 good practices or kevel 4 Top level practices. The projects coordinators will be asked to classify their actions following the following categories:

- per type of intervention (universal, selective, indicative)
- target group (youths, community, early users, prisoners)
- type of approaches (mass media campaign, peer, community involvement, training for professionals, networking, self help, telephone help-line),
- type of evaluation process (process evaluation, outcome evaluation)

17.00-17.30 Reporting of the outcome by intervention type subgroup: presenting the classification of the actions per level of best /good practice - **Chair: Antoinette Martiat**

17.30-18.00 Summary and discussion lessons learnt and way forward - Chair: Dirk Meusel

18.00-18.30 Closing of the meeting

List of further participants

Invited

BZgA
EMCDDA

DG SANCO C 4

Pieter DE CONINCK
Ceri THOMPSON
Marjatta MONTONEN
Policy officer from Drug and Substances

EAHC

Cinthia Menel Lemos
Ilze Burkevica
Antoinette Martiat
Dirk Meusel